

## Forest School News: June 19

This month, year 1 have been enjoying Forest School sessions linked to their learning about plants in science. The children have learned about ways to use plants that they may not have known about before.

Everyone had a go at grinding grains from *wheat*, *barley* and *spelt* by hand to make flour. We baked some bread in a Dutch oven and made fresh butter to go with it.



We used beautifully leaves from plants such as *herb robert* to dye impressions onto eggs. The dye was simply made from red onion skins.



In a second session, the children searched the school site for a variety of plants including *plantains*, *hazel*, *yarrow*, *elder* and *hawthorn* and learned about their various uses.

Everyone tried some home-made *elderflower* cordial and *rhubarb* and *gooseberries* with custard.



Of course, there was also time for playing and exploring during which some of the children learned that you can search for minibeasts by shaking a branch over a white sheet to see what falls out. Oak trees seem to hold the most invertebrate life.

