



Alive 'N' Kicking Surrey is a **FREE** healthy lifestyle programme for families who want to eat healthily, be more active and have fun doing so together.

Programmes running throughout the **Surrey** area.

Call for more details.

ARE YOU READY TO MAKE A FEW CHANGES?

To find out more please get in touch:

Tel: 01483 600 524

Email: surrey@ank.uk.com

www.ank.uk.com

BECAUSE

EVERYONE

WANTS THE BEST
FOR THEIR KIDS



everyone HEALTH
SURREY

ALIVENKICKING
BY everyone HEALTH

change
4life

